

# MEET HEDY HISLOP



*Our mission is to provide  
you with the very best  
care possible.*



## HEDY HISLOP

REGISTERED PHYSIOTHERAPIST  
BSc

**Hedy Hislop** earned a bachelor's degree in physical therapy from McGill University, where she served as a therapist for the men's rugby team. After graduation she practiced for five years at Concordia Sports Medicine and Multi-Therapy on the Montreal South Shore. Over that time she learned to work comfortably in French while treating a broad spectrum of orthopaedic and sports-related injuries for patients from children through seniors. She also speaks basic conversational Cantonese.

Hedy will use her accumulated knowledge of manual therapy, muscle energy techniques, electrical modalities, soft-tissue massage and exercise to help patients heal and provide them with the best opportunity to return to full activity. She has extensive experience treating orthopaedic injuries and conditions, and is looking forward to meeting you and helping you get better, faster.

Having grown up in the lower mainland, Hedy has returned to her BC roots after more than 10 years away. She is happy to call the North Shore home and is finding it a wonderful place to continue her outdoor pursuits. She is an avid runner and has completed several races and marathons, including the 2004 Ottawa marathon. You may find her out running as she sets her sights on completing another half marathon next year.

North Shore Winter Club  
1325 East Keith Road  
North Vancouver  
604.985.4135 loc 273  
7 am – 7 pm Mon - Fri  
10 am – 2 pm Sat

**Hedy looks forward to working with you  
at North Shore Sports Medicine Clinic—Physiotherapy**

***Open to Every Body***

***Medical referrals are not required for Clinic services.***