

# MEET DAVID DRESSLER



*Our mission is to provide  
you with the very best  
care possible.*



## DAVID DRESSLER

REGISTERED MASSAGE THERAPIST  
BA, RMT

**David Dressler** graduated from the Canadian College of Massage and Hydrotherapy and earned a BA (philosophy) from Portland's Reed College. He received further training at the Canadian College of Osteopathy, Ursa Institute (spinal touch, muscle energy), Upledger Institute (craniosacral therapy) and studied movement with Moshe Feldenkrais.

David studied **counseling psychology** at the University of Victoria, and is also knowledgeable in nutrition and has a background in **anti-aging medicine** with the American Academy of Anti-Aging Medicine. He has published in *The Medical Post*, *Chronicle of Skin and Allergy*, *Journal of Alternative and Complementary Medicine*, *Health Care News* and *BC Massage Practitioner*, as well as other journals. His double-blind study in the field of massage therapy on an **original soft-tissue joint mobilization technique** was published in the *Journal of Alternative and Complementary Medicine* in 1989.

His 26 years experience in massage therapy includes working at clinics in Victoria, Gibsons, Richmond, Vancouver and Whistler. He looks forward to working with clients needing massage therapy at our North Shore Winter Club and Deep Cove Physiotherapy locations.

North Shore Winter Club  
1325 East Keith Road  
North Vancouver  
604.985.4135 loc 273  
7 am – 7 pm Mon - Fri  
10 am – 2 pm Sat

[www.northshoresportsphysio.com](http://www.northshoresportsphysio.com)

David looks forward to working with you  
at North Shore Sports Medicine Clinic—Massage Therapy

*Open to Every Body*

*Medical referrals are not required for Clinic services.*