

MEET ERIN HVIDSTON



*Our mission is to provide
you with the very best
care possible.*



ERIN HVIDSTON

REGISTERED PHYSIOTHERAPIST
BHKIN, BED, MPT

Erin Hvidston brings a Master of Physical Therapy and Bachelor of Human Kinetics from UBC and a Bachelor of Education from Saskatoon's University of Saskatchewan to North Shore Sport Medicine Clinic. She won the UBC Physiotherapy Foundation of Canada Award for excellence in team research and also a number of academic and athletic awards.

She was a member of the 2003 Women's Canadian Interuniversity Sport (CIS) Championship track and field team. She was a CIS All Canadian Team Member and an Academic All Canadian.

Erin was a medical staff volunteer for the 2008 World Triathlon Meet and the 2007 Canadian Junior Track and Field Meet. She coached provincial level athletes and teams including the 1995 High School Junior Boys Provincial Rugby Team Silver Medalists, and the 2005 and 2006 High School Provincial Track and Field Championship Teams. She presently stays active with white water kayaking, cross country skiing, snowboarding, jogging, road cycling and swimming.

North Shore Winter Club
1325 East Keith Road
North Vancouver
604.985.4135 loc 273
7 am – 7 pm Mon - Fri
10 am – 2 pm Sat

**Erin looks forward to working with you
at North Shore Sports Medicine Clinic—Physiotherapy**

Open to Every Body

Medical referrals are not required for Clinic services.