

# MEET WALTER AMENT



*Our mission is to provide you with the very best physiotherapy and massage therapy care possible.*



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## WALTER AMENT, REGISTERED MASSAGE THERAPIST

**Walter** is a graduate of the West Coast College of Massage Therapy. He earned a BSc degree and worked as a Professional Engineer before returning to school at WCCMT. An avid runner, Walter has completed over 16 full and half-marathons over the past several years. He is a volunteer manager in the North Vancouver Recreation Commission's running programs.

**Massage Therapy** is defined as the assessment of the body's soft tissue and joints and the treatment and prevention of dysfunction, injury, pain and physical disorders. RMTs use hands-on techniques to treat injury or chronic physical problems caused by work, sports, disability, stress and other conditions.

**BC's Registered Massage Therapists** have 3000 hours of training, the highest standards in North America. They have mandatory continuing education and upgrading. RMTs are linking research to practice, including providing evidence-based patient education and remedial exercise.

Walter provides a wide range of massage therapy treatment and prevention techniques for people of all ages to meet patients' concerns, needs and conditions.

Walter looks forward to working with you  
at the North Shore Sports Medicine Clinic  
Physiotherapy—Massage Therapy  
Capilano College

*Open to Every Body*

*Medical referrals are not required for Clinic services.*